

WEEPING THROUGH STRUGGLES

Pastor Jeff Alexander + *Never Alone* + September 23, 2018

How does Heman deal with struggles?

PSALM 88:1-4, 18 *A Psalm of Heman the Ezrahite*

Lord, you are the God who saves me;
day and night I cry out to You.
May my prayer come before You;
turn Your ear to my cry.
I am overwhelmed with troubles
and my life draws near to death.
I am counted among those who go down to the pit;
I am like one without strength.
You have taken from me friend and neighbor—
darkness is my closest friend.

The inspired words of the Bible contain many examples of weeping and lamenting. Therefore, know this: It's okay to cry and direct your COMPLAINTS to God Himself!

ISAIAH 42:1-3a

Here is My servant, whom I uphold,
My chosen one in whom I delight;
I will put My Spirit on Him,
and He will bring justice to the nations.
He will not shout or cry out,
or raise His voice in the streets.
A bruised reed He will not break,
and a smoldering wick He will not snuff out.

God's Servant, Jesus Christ, comes to the rescue of those who are CRUSHED in spirit.

*"If Christ be so merciful as to not break me,
I will not break myself by despair."*

RICHARD SIBBES
17th century British minister

Only Jesus Christ FULLY FELT the lament of Heman:

"Darkness is my closest friend" (PSALM 88:18).

Weeping through struggles draws us deeper into God's PROMISES and His PRESENCE in our darkest hours.